



Puesta del Sol PTA Reflections Checklists

Introduction

With seven different categories, Reflections entry rules can feel overwhelming! The National PTA and the WA State PTA have developed these guidelines to ensure a fair competition for all. In order for our school to submit entries to the District, State and National competitions, we need to follow these rules. To simplify the process, we have summarized the rules with the following Reflections Checklists:

- Visual Arts & Photography Checklist
- Digital Entries: Film, Dance, and Music Checklist
- Literature Checklist

Each checklist rule must be followed for an entry to be eligible and avoid disqualification. Special Artist entries can use these checklists with the accommodations listed on the [WA State PTA website](#).

Academic Challenge Credit

Starting in 2017, the **checklist rules need to be followed completely** and the **online registration form submitted** for the artwork to qualify for Academic Challenge. This maintains the spirit of both [Reflections](#) and [Academic Challenge](#).

General Rules and Guidelines

Entries must be the work of **one student**, be **new**, **original** and **inspired** by the theme. The entry should not be created in a class or with the assistance of an adult and should be made for this competition.

The checklists are a compilation of rules found on the [WA State PTA Reflections](#) website. Please see this page for rule details and tips. [National PTA rules](#) are also available, but keep in mind that WA State PTA has its own set of rules, so always default to State rules when planning your entries.

Deadline

The submission period is two weeks from **TBA to TBA**. To guarantee your entry will qualify, we will review entries turned in by **TBA** for eligibility and students can make corrections before the final deadline of **TBA**. There are no reviews after TBA and violations will result in disqualification.

We want to set our students up for success, so please plan to turn in your entries by TBA and take advantage of the review.

Questions?

Please send any questions to Reflections@puestadelsopta.org. If we cannot answer them, we will gladly contact the District or State Reflections Chair to find an answer for you.



Digital Entries Submission Checklist

Checklist	Rule Type	Rule Specifics
<input type="checkbox"/>	Content	<p>FILM: The producer (student submitting the entry) is not required to appear in the film but if chooses to, a tripod may be used. All screenwriting, directing, camera/filming, animation and editing must be done by the student. No Powerpoint.</p> <p>DANCE: The choreographer (student submitting entry) maybe the performer or one of the performers, but the choreographer does not have to perform in the entry.</p> <p>MUSIC: The composer (student submitting entry) may submit their original entry performed by an individual or group and/or make use of a sound library generated performance of their composed score. Student composers are not required to perform their composition. All instruments, sounds, styles and combinations are accepted. Software may be used to produce an audio recording that does not include pre-programmed imported MIDI or other source files.</p> <p>Student name should not be on the entry title screens, credits, etc. since Reflections uses a blind judging process. Please visit the WA State PTA guidelines for info on the use of copyrighted images/materials.</p>
<input type="checkbox"/>	File Size/Length	Not to exceed 5 minutes and 1 GB (one gigabyte)
<input type="checkbox"/>	File types	<p>Email to reflections@puestadelsolpta.org. Use first and last name as file name</p> <p>FILM: AVI, MOV, MPG, MPEG, MP4, WMV, FLV, F4V. DANCE: AVI, MOV, MPG, MPEG, MP4, WMV, FLV, F4V. Save as a FILE, NOT movie MUSIC: MP3, MP4, WMA, WAV, ACC (M4A), FLAC. Save as a FILE, NOT movie</p> <p>*We will save your file to a USB if the entry is chosen to move on to the District level</p>
<input type="checkbox"/>	Forms	<p>1) Place signed and completed Official Entry Form in a sheet protector and turn it in by the due date. (As of 2017, it is no longer necessary to include a DVD or USB if you emailed the file.)</p> <p>2) Complete Puesta del Sol Online Registration to ensure Academic Challenge credit and to generate judging sheets. Remember to email the files as well.</p> <p>Artist Statement is required and is a large part of the judges' decision. It must MATCH on the Online Registration and Official Entry Forms.</p> <p>Music & Dance: Cite background music (if any) on the student entry form.</p>