

# elsol

Puesta del Sol Elementary School PTA  
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## 11th Annual Puesta del Sol Walkathon

Today: 3:30 to 6 pm, Rain or Shine

Get Ready for Fun and Food at the Fundraising Event of the Year!

### Food Choices: Lots of Yummy Treats Available

Bake sale items for \$1, hot dogs and food vendors Jamba Juice, Pompeii Pizza and El Maestro del Taco (\$2-\$8).

### Fundraising: Help Us Meet Our Goal

This is the largest fundraiser of the year. Students encouraged to raise \$150 each. Donate online with credit card by Oct. 5 at [www.puestadelsolpta.org](http://www.puestadelsolpta.org) or send in checks by Oct. 22 to be eligible for prizes.

### Book Fair: Open Tonight Until 6 PM

Stop by the Puesta del Sol library and pick out some books. Don't forget to look for your teachers wish list!

September 21, 2012

## Upcoming Events

- Today Walkathon
- 9/27 Passport Club Check Day
- 9/27 Room Parent Meeting
- 9/28 Principal/PTA Coffee
- 10/1 RAD Begins
- 10/16 PTA General Meeting
- 10/19 Photo Retake Day
- 10/22 Walkathon Pledges Due

## Room Parent Meeting

Thursday, Sept. 27  
9:10-10:10 am

Newbie or veteran, please join us for coffee and see what's expected of you this year. New info will be given. All room parents encouraged to attend. Questions? Please contact Lisa Dembo at [ljdem@comcast.net](mailto:ljdem@comcast.net).

## Next Passport Check Day: Thursday, Sept. 27



Please mark your calendars! Passport Check Day is moving back to the **last Thursday of the month**. Passport supplies went home last week. If you have any questions, please contact the new Passport Club coordinators: Hillary Salmieri ([hsalmieri@msn.com](mailto:hsalmieri@msn.com)), Renee Haniu ([reneehanu@gmail.com](mailto:reneehanu@gmail.com)) and Krista Capodanno ([kcap@msn.com](mailto:kcap@msn.com)).

1st and 2nd grade parents, is your child looking for a challenge? Contact one of the coordinators for a Level 5 map! New map sets were passed out to 1st grade (Level 3 map set) and 3rd grade (Level 5 map set.) 2nd, 4th and 5th graders, please use your map set from last year. If you need a new one, please contact one of the coordinators.

## From the Board

We had our second Board meeting on Friday, Sept. 14. We voted to sponsor the following extra curricular activities during the 2012-2013 School Year: Math Club, Small Hands on Art and Bomba and Tambores del Sol. Sponsorship applications and the process is outlined on the PTA website under the sponsorships link. Please feel free to talk to any member of the board about these or other PTA related issues. Our board members and their contact information is available at [www.puestadelsolpta.org](http://www.puestadelsolpta.org).

## Become a PTA Member

Members support our school in SO many ways! If you haven't joined yet, help us get to our 100% goal. The PTA funds the Amity interns, helps teachers buy classroom materials and sponsors Passport Club, ice cream socials, movie night and many programs. Need a membership form? Find one on the web at [www.puestadelsolpta.org](http://www.puestadelsolpta.org) or in the office. Your membership matters: Did you know, our legislative voice (the number of votes we submit at the WSPTA's Legislative Assembly) is directly related to our membership numbers? A huge THANKS to all who have already joined this year!

## Boundary Review Update

The first meeting of the district-wide Boundary Review Committee was held August 22. The district Technical Team shared recent data and presented recommendations that will go to the School Board regarding capacity issues at the elementary level and long-term growth. To read the meeting summary, watch the presentation and sign up for updates, go to the Boundary Review page <http://www.bsd405.org/community-engagement/advisory-committees/boundary-review.aspx> on the district web site.

## Principal/PTA Coffee

Friday, Sept. 28, 9:10-10:10 am  
Child Care Building

Meet the Principal, PTA Board members and get your questions answered at our first monthly PTA/Principal Coffee.

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Submit articles by Monday at 9 pm to [newsletter@puestadelsolpta.org](mailto:newsletter@puestadelsolpta.org)

## How You Can Help

### Lunch and Recess Monitors Needed



Want a quick and impactful way to help at school? We really need lunch and recess monitors!

Contact Stacy at [hauserveigel@comcast.net](mailto:hauserveigel@comcast.net) or signup at [tinyurl.com/pdslunch12](http://tinyurl.com/pdslunch12).

### Interested in Exploring the Arts?

Come and be an Art Appreciation parent for you class! Your child will have the opportunity to have YOU in their class and enjoy a fun art session! Contact Huei Huang at [huei@nweden.com](mailto:huei@nweden.com) or Emmy Park at [emmerlee@me.com](mailto:emmerlee@me.com).



### Spanish Movie Night Chair Wanted!

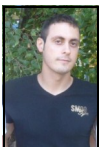
Like watching movies? We need you! This chair puts on evening family movie nights throughout the school year. Job entails picking movies, advertising and selling popcorn at the event! Low time commitment, lots of fun! Contact Deb at [djjustice@gmail.com](mailto:djjustice@gmail.com) to learn more.

### eScrip

Log onto [www.eScrip.com](http://www.eScrip.com) to register or renew your Safeway frequent shopper card. Every time you shop at Safeway, Puesta del Sol will receive a percentage of your bill. You can also register your credit cards to take advantage of online retail stores and restaurants that will automatically donate to Puesta del Sol when you make a purchase. Login today!

### Hospitality Chair Needed!

Looking for someone to organize coffee and treats for events like PTA meetings (quarterly), Coffee with Sra. Nestor (monthly), & other events as they pop up. Interested? Contact Deb at [djjustice@gmail.com](mailto:djjustice@gmail.com).



### Pablo Needs a Sport!

Are you a member of a young adult sports team and would be interested in welcoming another team member? If so, please contact Pablo at [pablrobles1990@hotmail.com](mailto:pablrobles1990@hotmail.com). He enjoys soccer and swimming but is also open to new opportunities.

### Letter From the Physical Education Specialist

As the Physical Education Specialist I am excited to be back for another year of working with your children. It is my goal to give your child a positive P.E. experience and help him/her gain an appreciation of the importance of staying healthy through lifetime fitness and recreational activities. In order to reach this goal, I base physical education on the following:

- All students are participating at all times. Students are not standing in lines waiting to participate (i.e. relay races, skill practices).
- There are opportunities for different levels of success for all students rather than elimination-type activities.
- Traditional team sports are broken down into small group activities rather than team sports with one ball per class (i.e. kickball, softball).
- The environment is non-threatening, challenging and safe. Physical education class should make students feel good about themselves and be a respectful place for all.

A key element that contributes to a student's success and well-being is safety. While in P.E. class, students need to wear appropriate clothing and footwear (athletic shoes). It's important that shoes have a back that goes over the heel and rubber soles are essential.

Here are some learning experiences your child will encounter in physical education at Puesta del Sol:

1. Educational Games (Cooperative learning)
2. Fitness Activities (Muscular Strength & Endurance, Flexibility, Cardio-Respiratory Endurance)
3. Locomotor Skills (Moving in various ways)
4. Non-Locomotor Skills (Skills using eye-hand and eye-foot coordination)
5. Manipulative Skills (Sport related skills and basic skills using the hands)
6. Rhythm (Rope Jumping)

Youth engagement in physical activity is influenced by participation and support of parents. When families are active together, they spend additional time together. Please help in making sure your children are active a minimum of 60 minutes every day. Evidence continues to show that healthy kids learn better.

Thank you for your concern, assistance and support!

Ms. Williams  
[williamsc@bsd405.org](mailto:williamsc@bsd405.org)



### Ice Cream Social: Thank You!

A huge THANK YOU to all of the volunteers who made the Ice Cream Social a success last week! Thank you to everyone for coming and enjoying an evening out with your school community. We ate an amazing 448 bowls of ice cream! It's never too early to volunteer for next year! If you're interested in chairing, contact Deb at [djjustice@gmail.com](mailto:djjustice@gmail.com).

### Puesta del Sol Running Club

Join the Puesta del Sol Running Club Tuesdays & Thursdays at Lunch Recess. Apply those miles plus Walk-a-thon miles toward the Seattle Kids Marathon! Kids CAN run 26 miles! How? The Seattle Marathon allows kids to run 25 miles BEFORE the marathon, then run the last 1.2 miles in Seattle Center on November 24. Registration forms (registration \$20) will be available at the Walk-a-thon. For more info or to register online, go to:

<http://www.seattlemarathon.org/kids/register.php>

Our Group: **Puesta del Sol**, Group Keyword: **Nestor**



Parent VOLUNTEERS needed to supervise and track laps during recess. Please contact Katherine Snead at [sneadfamilyfour@gmail.com](mailto:sneadfamilyfour@gmail.com).